

2016 SC BRFSS: Physical Activity Outside of Regular Job

Participated in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

| | Total | Yes | | | | No | | | |
|-------------------------|-------------|-------|-------|-----------|-------|-------|-------|-----------|-------|
| | Respondents | N | % | C.I.(95%) | | N | % | C.I.(95%) | |
| TOTAL | 11,219 | 7,908 | 73.13 | 71.98 | 74.28 | 3,311 | 26.87 | 25.72 | 28.02 |
| GENDER | | | | | | | | | |
| Male | 4,594 | 3,430 | 75.69 | 73.99 | 77.40 | 1,164 | 24.31 | 22.60 | 26.01 |
| Female | 6,624 | 4,478 | 70.79 | 69.24 | 72.35 | 2,146 | 29.21 | 27.65 | 30.76 |
| RACE/ETHNICITY | | | | | | | | | |
| Non-Hispanic White | 7,245 | 5,279 | 74.52 | 73.14 | 75.90 | 1,966 | 25.48 | 24.10 | 26.86 |
| Non-Hispanic Black | 2,958 | 1,947 | 70.11 | 67.75 | 72.47 | 1,011 | 29.89 | 27.53 | 32.25 |
| Other | 668 | 473 | 76.34 | 71.40 | 81.29 | 195 | 23.66 | 18.71 | 28.60 |
| AGE | | | | | | | | | |
| 18-24 | 531 | 438 | 84.37 | 80.79 | 87.95 | 93 | 15.63 | 12.05 | 19.21 |
| 25-34 | 943 | 757 | 80.95 | 77.85 | 84.04 | 186 | 19.05 | 15.96 | 22.15 |
| 35-44 | 1,092 | 833 | 77.18 | 74.06 | 80.31 | 259 | 22.82 | 19.69 | 25.94 |
| 45-54 | 1,721 | 1,223 | 70.86 | 68.03 | 73.68 | 498 | 29.14 | 26.32 | 31.97 |
| 55-64 | 2,444 | 1,657 | 65.91 | 63.34 | 68.47 | 787 | 34.09 | 31.53 | 36.66 |
| 65 + | 4,488 | 3,000 | 65.09 | 63.24 | 66.95 | 1,488 | 34.91 | 33.05 | 36.76 |
| EDUCATION | | | | | | | | | |
| Less Than H.S. | 1,214 | 623 | 55.24 | 51.23 | 59.24 | 591 | 44.76 | 40.76 | 48.77 |
| H.S. or G.E.D. | 3,389 | 2,129 | 68.22 | 66.06 | 70.39 | 1,260 | 31.78 | 29.61 | 33.94 |
| Some Post-H.S. | 3,049 | 2,165 | 75.37 | 73.37 | 77.38 | 884 | 24.63 | 22.62 | 26.63 |
| College Graduate | 3,549 | 2,979 | 88.03 | 86.73 | 89.32 | 570 | 11.98 | 10.68 | 13.27 |
| HOUSEHOLD INCOME | | | | | | | | | |
| Less than \$15,000 | 1,167 | 590 | 55.19 | 50.90 | 59.48 | 577 | 44.81 | 40.52 | 49.10 |
| \$15,000- \$24,999 | 1,803 | 1,066 | 63.10 | 59.91 | 66.29 | 737 | 36.90 | 33.71 | 40.09 |
| \$25,000- \$34,999 | 1,052 | 732 | 71.71 | 67.72 | 75.69 | 320 | 28.29 | 24.31 | 32.28 |
| \$35,000- \$49,999 | 1,359 | 1,006 | 75.37 | 72.20 | 78.55 | 353 | 24.63 | 21.45 | 27.80 |
| \$50,000+ | 3,755 | 3,144 | 84.75 | 83.21 | 86.28 | 611 | 15.25 | 13.72 | 16.79 |
| REGION | | | | | | | | | |
| Region I | 1,409 | 993 | 73.31 | 70.28 | 76.35 | 416 | 26.69 | 23.65 | 29.72 |
| Region II | 1,313 | 895 | 71.43 | 68.19 | 74.67 | 418 | 28.57 | 25.33 | 31.81 |
| Region III | 912 | 631 | 69.91 | 65.52 | 74.30 | 281 | 30.09 | 25.70 | 34.48 |
| Region IV | 1,123 | 822 | 75.62 | 72.31 | 78.93 | 301 | 24.38 | 21.07 | 27.69 |
| Region V | 899 | 617 | 67.70 | 63.67 | 71.73 | 282 | 32.30 | 28.27 | 36.33 |
| Region VI | 1,405 | 1,051 | 79.05 | 76.19 | 81.91 | 354 | 20.95 | 18.09 | 23.81 |
| Region VII | 1,444 | 1,051 | 72.84 | 69.80 | 75.87 | 393 | 27.16 | 24.13 | 30.20 |
| Region VIII | 1,406 | 1,001 | 72.10 | 68.90 | 75.30 | 405 | 27.90 | 24.70 | 31.10 |
| Region IX | 1,308 | 847 | 68.14 | 64.82 | 71.45 | 461 | 31.86 | 28.55 | 35.18 |

Any missing or unknown responses were dropped from the sample size